



# LeAnn Thieman, CSP, CPAE

Nurse, Author, Hall of Fame Speaker



Most nurses didn't choose their careers because of the great hours, pay and working conditions! As co-author of *Chicken Soup for the Nurse's Soul*, LeAnn reminds them why they did ... and why they stay.

## Chicken Soup for the Nurse's Soul: SelfCare for HealthCare

By sharing *Chicken Soup* stories, and those from her own 30- plus years of nursing, LeAnn increases **recruitment** and **retention** as she encourages, uplifts and honors nurses. Twenty percent of nurses leave their jobs because of stress, which affects morale, staffing ratios, and your bottom line. With stories from *Chicken Soup for the Nurse's Soul* LeAnn shares sage advice with compassion and humor, to feed their souls, lift their spirits, and give tools to "CARE 4 ME"! Help your nurses stay happy, healthy and hopeful so they will sign on and stay on! Increase nurse and patient satisfaction. LeAnn will inspire all staff to:

- Balance their physical, mental, and spiritual lives
- Identify factors contributing to "burn-out"
- Create skills to balance home and work life
- Mentor and support all team members
- Bring positivity to the workplace
- Reignite their passion and recommitment

*I was so burned out I was going to quit. LeAnn reinvigorated me to stay.* National Hospice and Palliative Care

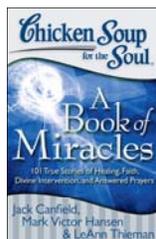
*What a treat. Thanks for not giving us calories for our gut but good sustaining food for our souls this year. LeAnn was the best!* Loma Linda University Medical Center

*We hired half of the 58 new graduates who attended LeAnn's recruitment dinner!* Franciscan Health System

*Our staff is thanking us for you! One nurse admitted he had planned on leaving; your message renewed his commitment to stay. Your self care tools help refill their cups every day.* Wheaton Franciscan Healthcare



LeAnn is author of 12 *Chicken Soup for the Soul* books, including



### Clients include:

- Press Ganey National Client Conference
- Association of Operating Room Nurses
- Stanford University Medical Center
- Catholic Health Systems
- Georgia Hospital Association
- Amedisys Home Health Care
- American College of Nurse Practitioners
- Academy of Medical-Surgical Nurses
- Franciscan Health System
- Princeton Health System